



# HEALTH + WELLNESS

LANDSCAPES FOR HEALING





VA Welcome Center, San Francisco, CA



A woman is sitting on a curved wooden bench in a park-like setting. She is wearing a light-colored patterned shirt and dark pants. In the background, a man in a blue shirt and dark pants is standing. The scene is filled with trees, some with yellow leaves, and a paved path in the foreground.

## CARDUCCI ASSOCIATES

### PROFILE

Founded in 1976, Carducci Associates is a professional landscape architecture and planning firm based in San Francisco and serving a wide range of public and private sector clients throughout California. Emphasizing personal and responsive client service, we work closely with each client during design and construction to devise unique, creative and effective solutions.

### VIEWPOINT

We believe no two projects are alike, a conviction we convey through unique site-specific designs. We focus on clients' needs, creating opportunities for interaction between people and nature that result in memorable experiences.

### PROFICIENCIES

We conceptualize landscapes that express an artistry and sensitivity to the interaction of social and natural systems. We develop concepts that are purposeful, buildable and sustainable.

We combine creative and technical ability in landscape architecture, planning and urban design with expertise in stormwater management and irrigation, Bay-friendly landscape principles and maintenance practices to conserve water, nurture soils, reduce use of chemicals and comply with stormwater regulations. Our approach creates habitats for birds, bees and other pollinators and beautiful and functional landscapes for people.

We collaborate with clients, other design professionals, multidisciplinary teams and contractors to conceptualize, detail and build complex projects.

We facilitate transparent community engagement processes responsive to the unique requirements of community-driven design that build community support toward a common purpose.

We deliver LEED® certified projects by employing sustainable measures and materials. Our projects provide open space, conserve energy and water, ameliorate the urban-heat island effect, control stormwater runoff, insulate buildings and create outdoor amenities for people.

### VALUES

We are committed to the highest standards of social and environmental responsibility and ethical conduct. We provide safe working conditions, treat people with dignity and respect, act fairly and ethically, and use environmentally responsible practices. Our company policies address anti-corruption, anti-human trafficking and anti-slavery.

### DRAWING FROM OUR PAST

We draw by hand throughout the design process, using hand drawn sketches and renderings to visualize ideas, develop solutions and collaborate with clients and other design professionals. As a complement to high-tech digital tools, this artistic "soft touch" enables viewers to use their imagination to complete the vision of the sketch. From sketches, we translate our designs into polished digital renderings. By using both analog and digital means, we take the best of the past and modern technology to more effectively design and communicate today.







## UCSF BENIOFF OAKLAND HOSPITAL

OAKLAND, CA

Engaged to execute the vision of a healing, nature-rich environment at Children's Hospital Oakland, Carducci Associates designed a setting that features a landscaped play area and colorful, fragrant gardens, including an entrance "sensory garden" that welcomes visitors with an interactive touch screen offering an overview of the grounds and allowing visitors to choose their experience. Regionally appropriate low-water plants create a visually rich display, as well as a calm environment that aids the healing process. Carducci Associates also provided a renovation of 52nd Street—which runs through the hospital complex—thereby improving vehicle access and pedestrian and bicycle safety.







Mountain View Senior Center



# MOUNTAIN VIEW SENIOR CENTER

MOUNTAIN VIEW, CA

The Mountain View Senior Center and Senior Day Health Center are located immediately adjacent to the city's Rengstorff Park. Commissioned to develop a master plan and construction documents for the Centers, Carducci Associates worked closely with an arborist to respect the context of the site by preserving as many trees as possible and connecting new facilities to the Park with a public pathway leading from Escuela Avenue. Landscape amenities include an activity courtyard, patio trees, public art, and an art fence. The design makes use of drought tolerant plants, bioswales that clean stormwater runoff, and an irrigation system designed to conserve water.







Calistoga Pool



# CALISTOGA POOL

## CALISTOGA, CA

The City of Calistoga and the Calistoga Pool Advisory Committee engaged Carducci Associates to join the design team in developing an aquatic complex that includes a 75-foot lap pool and a recreational pool for swimmers of all ages. Adjacent to the pool, a building houses changing facilities, restrooms, mechanical equipment, and a small office. The pool project was developed in a way that makes it possible to add new recreational features as funding becomes available. Carducci Associates designed the site plan, landscape plantings, paving, and walkways.









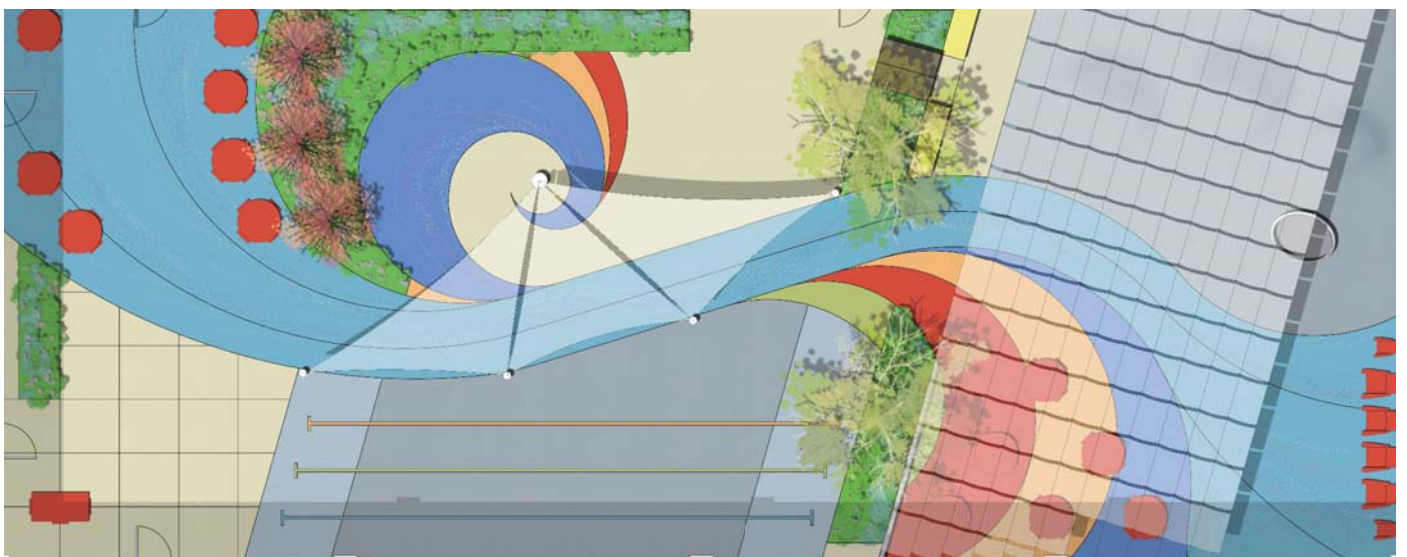
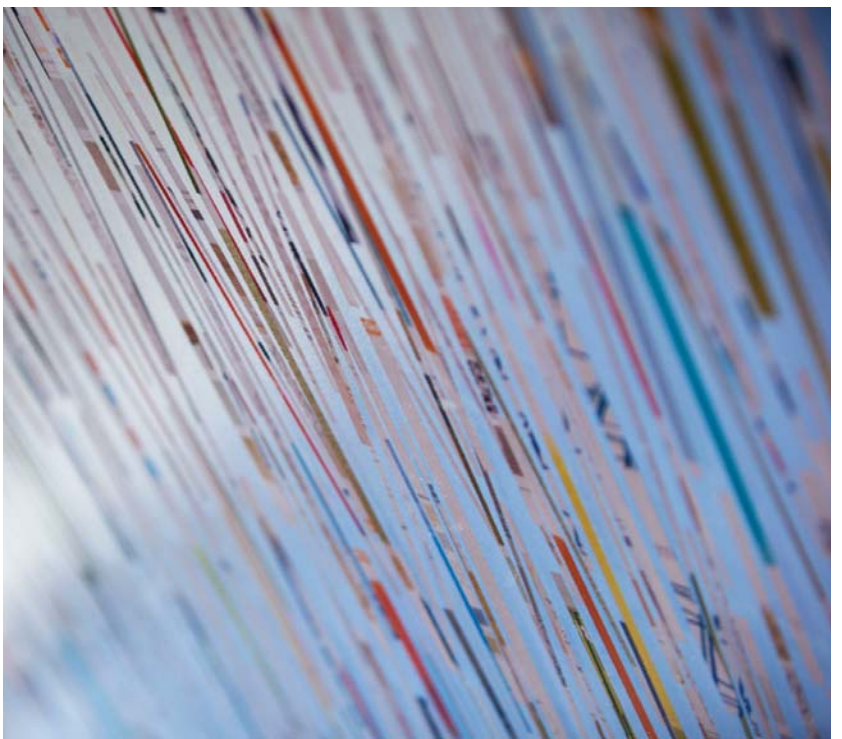
## UCSF BENIOFF SHADELANDS

WALNUT CREEK, CA

UCSF Walnut Creek is an outpatient children's surgical center with an extensive sports medicine & physical therapy program. Tasked with multiple program needs, but with little available space, Carducci Associates developed a design that allowed programmed areas to overlap, allowing the aggregate of defined uses to exceed the plaza's small space. Client program needs such as a physical therapy track, eating area, event plaza, and a play area, all overlap to allow each space to function for at least two uses without conflict. Children play on the rolling turf mound, run on the track, & explore the whimsical design, yet never realize it is therapeutic because they are too busy having fun outdoors.









## THE WAVE AT EMERALD GLEN PARK

### DUBLIN, CA

The “jewel” of the Dublin Park System, Emerald Glen Park was designed and constructed over four phases to enhance public space as the community grew. Carducci Associates participated in three phases of development for this pristine 50-acre site, including the final phase and the park’s centerpiece: an indoor/outdoor aquatic center, a plaza featuring public art, and an amphitheater for year-round concerts. This LEED® Silver project provides Dublin residents with passive recreation space, a weekly farmer’s market, and one of the East Bay’s finest community aquatic centers.







The Wave at Emerald Glen Park











## VA WELCOME CENTER

SAN FRANCISCO, CA

Design of the VA Welcome Center combines function with celebration, utilizing a vehicular turnaround island as a memorial with basalt columns and a circle of flags. Welcoming visitors to the VA campus, the arrival plaza is a quintessential urban plaza planted with trees in a diagonal grid pattern that establishes scale—and gives welcome shade. By maintaining openness in the plaza design, Carducci Associates created not only a striking landmark, but also a versatile event space. Our landscape design extends to a Healing Garden where ornamental and California native trees, shrubs, and grasses provide a myriad of textures, colors, and fragrances.







Hamilton Pool



## HAMILTON POOL

NOVATO, CA

A popular destination for Marin County residents, Hamilton Community Pool offers a range of aquatic programs for all ages, including the youngest swimmers, who enjoy a shallow kids' pool fitted with a play structure and water slide. This was not the case in 2010 when Carducci Associates and its design partners conducted a complete renovation of the dilapidated 1930s era pool. Now a state-of-the-art facility, Hamilton Pool is ideal for swim instruction, exercise and recreational use. Adjoining landscaped grounds offer shade trees, colorful flowering shrubs and a sitting lawn where families can gather for a picnic lunch.









## VALLEY GREEN

CUPERTINO, CA

As the benefits of movement, exercise and activity throughout the workday have become more apparent through scientific study, corporate campuses have begun to stress its importance to their employees to ensure a happy and healthy workforce. With the goals of revitalizing the campus and emphasizing the use of the health and wellness center, Carducci Associates redesigned the approach and entry to the campus wellness center and created a more dynamic and engaging outdoor shade garden to ensure employees are incentivized to get up from their desks, take a reenergizing walk, and stop by the wellness center for their daily workout.







UCSF Benioff Oakland Hospital, Oakland CA



We collaborate with each client to realize effective, creative, and sustainable design solutions.

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